

# Transform Your Ability to Lead



## Shifting People's Mindsets

We all go through challenges at work, and often the biggest problem we have is self-awareness. Why, for example, did that meeting not go well? Was it me? Did I misunderstand that person's question? Am I just stressed out? What can I do to improve next time? We are all leaders in some way, and sometimes we need someone to talk to about our own personal challenges at work. Coaching can be personalized, self-directed, and developmental. Or it can be directed, strategic, and business focused.

Our MindsetGo coaching philosophy prioritizes a collaboration with you in a thought-provoking and interactive process that inspires you to maximize your personal and professional potential. Our process focuses on shifting mindsets, replacing habits, creating outcomes, and managing personal change.

**Develop the skill set, tool set, and mindset through Executive Coaching.**



**Contact MindsetGo at 978-793-1159  
or [info@mindsetgo.com](mailto:info@mindsetgo.com)**

**We create outcomes and personal change by improving your ability to:**

- **EARN** buy-in from managers & customers by influencing their thoughts, feelings, actions
- **BECOME** a more dynamic presenter to capture attention & engage your audience
- **COACH** individuals more effectively with the skills to motivate, inspire, develop others
- **GAIN** investor trust & confidence with clear and compelling presentations
- **DEVELOP** emotional intelligence to maximize potential & improve performance
- **MANAGE** yourself better by being more efficient, productive, confident, adaptable
- **BUILD** habits around resiliency, self-care, work-life balance & lifestyle

“Mark has both a direct, yet supportive style (a rare combination), and is superb at helping me understand “why” he’s recommending what he is. Mark also has a very sharp, quick mind that allows him to synthesize, in real time, what he’s hearing, ask clarifying questions, and recommend insightful options.”

- Frank Collins, CEO, EES Solutions

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